

Salt Lake Salt Lake Student Services Annual Highlights 2011-2012

Department Name: Health and wellness Services

Dash Board Indicators:

	07/01/2010-06/14/2011	07/01/2011-6/14/2012	% Change
Clinic			
Rwd	2857	2848	0.31% decrease
Jor	284	769	171% increase
SCC	500	395	21% decrease
Total	3641	4012	10% increase
Minimum Savings to students (Office Visits only)		\$280,840- estimated with office visit only and no other procedure	National avg. medical visit is \$75. Our first office visit is free and then \$10 for each visit thereafter.
Massage	0.00	1006	0.40/ :
Rwd	816	1006	24% increase
Jor		165	
SCC		11	
Total	816	1182	45% increase
Minimum Savings to students		\$70,920	Avg. cost of massage in community is \$60 per hour. Our students receive one free per semester.
Counseling			
Rwd	1060	1337	26% increase
Jor	10	66	560% increase
SCC	234	171	27% decrease
Total	1304	1574	21% increase
Minimum Savings to students		\$110,180	Avg. cost of session in the community is \$80. We charge \$10, with their first visit free.
Health Ed & Prom	2851	4314	51% increase
Minimum Savings to students		Priceless	It is difficult to place a dollar amount on lifestyle changes that include smoking cessation, weight loss, and healthy lifestyle changes.
GRAND TOTAL	8612	11082	29% increase

Due to Deneece July 1st

Programming or Service Highlights:

Administrative

- Purchased Electronic Medical Record (EMR) & Patient Management (PM) system-Medicat. (This will allow us to improve the efficiency of our operation, increase the safety of our confidential medical records, allow us to place medical records online with a secure server that will allow our providers to access records at each of the different campus clinics, give us the ability to make appointments online 24/7 and allow us to streamline our operation to see more students). Medicat is currently building our personalized database and we will start the training for this new system on July 9.
- Evening hours were added to the Jordan campus. In the Fall, the department was open until \mathcal{F} PM on Tuesdays. In the Spring, the department was open until 6:30 PM on Tuesdays.
- Conducted a half-day Staff Development day with topics that included PEP 101, EAP Benefits, "Give them the Pickle" on Customer Service by Martha Wilding and "Touchstones" by Richard Scott and Millie Sparks.
- Increased the number of student appointments by 29% from 2010-11. We went from 8,612 to 11.082.

Clínic

- Provided a "no charge" flu vaccine to SLCC employees with the assistance of Human Resources to charge to the Blue Cross Blue Shield (BCBS) plan.
- Provided 600 flu vaccinations on campus to faculty, staff and students.
- Half day Nurse Practitioner retreat to review clinic operations, standing orders, quality
 assurance chart review, Tuberculosis policy and education as well as ideas for continued
 implementation of clinic goals.
- We started an HWS employee immunization policy that includes identification of employees with potential bloodborne pathogens exposure to ensure their proper education and training.
- An additional door was added in the Jordan clinic space to link the front desk area to the laboratory. This minor remodel made the space more efficient and user friendly.
- Provided Free STI Testing to 64 students. This provided a cost savings of \$5,120 to students.*
- Províded MMR immunizations for 133 students. This províded a cost savings of \$17,290 to students.*
- Províded Gardasíl vaccinations to 115 students. This províded a cost savings of \$48,300 to students.*
 - *cost savings are compared to the cost of immunization and vaccinations at health department.

Counseling

- New Counseling Services Manager, Psychologist, Scott Kadera, started in February. This
 position was increased from 30 hours per week to 40 hours per week. His position expands our
 services available to students.
- Híred an additional part-time Clinical Social Worker, Valerie Leavitt, who completed her Masters of Social Work Internship with our department from August 2010-April 2011.
- Increased the number of hours of counseling services offered at the Jordan campus.
- Created an initial Articulation Agreement for student referrals with the Dean of Students to see students mandated for counseling.

Health Education and Promotion

- Offered one FREE 60 minute massage per student, per semester.
- Massage services added to Jordan campus.
- Launched a marketing campaign, "No Longer the Best Kept Secret" to promote awareness of Health and Wellness Services. We used informational workshops, marketing videos, our website, plasma screens, newsletters, peer educators, flyers, the Globe and a video contest.
- Introduced the "Buddy Massage" Workshop by Licensed Massage Therapists.
- Formed a "Condom Co-op" to offer Safer Sex Education Kits for Students and Staff.
 The proceeds from the kits supports students in emergency situations who cannot pay their bill.
- Healthy Lifestyle Workshop Series Instituted on the Taylorsville/Redwood and Jordan campuses.
- LGBTQ Webinar offered to Faculty and Staff to discuss the LGBTQ Needs of our Campus. A follow-up Open Forum was presented during Pride Week.
- We promoted monthly themes within each unit of our department. We created blog videos on the monthly themes that were posted to our website. We had students, staff and the Dean of Students participate in the videos.
- We were awarded a \$2500 grant from the Utah Highway Safety Office for alcohol education and underage drinking prevention programs.
- Síx of our student Peer Action Leaders (PALS) attended the BACCHUS conference in Virginia.
- We mailed 2,417 letters to parents of freshmen regarding the alcohol policy.

Assessment Highlights:

- Assessed knowledge acquisition through identification of College resources (Health ε Wellness Services-HWS) on the Jordan campus.
- We had 102 students participate in our Jordan campus HWS informational workshops. Thirty students participated in the pre and post test for the workshops (29%).
- Over 80% of responses on the post test correctly identified four free services Health & Wellness offers at the Jordan campus compared to 20% of respondents on the pre test.
- 80% of post test responses correctly identified HWS location on the Jordan campus versus 40% of pre test responses.
- 63% of participants rated high that they would be likely to schedule an appointment with Health & Wellness Services. 50% of the participants on the pre test were not likely to schedule an appointment with HWS.