# Salt Lake Community College’s Learning Outcomes

## College-wide Outcomes

1. Acquire substantive knowledge in their intended major.
2. Communicate effectively.

### A. Develop critical literacies—reading, writing, speaking, listening, visual understanding—that they can apply in various contexts.

### B. Organize and present ideas and information visually, orally and in writing according to standard usage.

### C. Understand and use the elements of effective communication in interpersonal, small group, and mass settings.

## General Education Outcomes

1. Acquire substantive knowledge throughout the General Education requirements

## Lifelong wellness is not a college-wide learning outcome, but is a General Education learning outcome for AA and AS students.

### A. Understand the importance of physical activity and its connection to lifelong wellness.

### B. Learn how participation in a fitness, sport, or leisure activity results in daily benefits including stress reduction, endorphin release, and a sense of well-being.