Salt Lake Community College

Cheer Tryout Packet

2015-2016
Come to the SLCC Cheer Tryout Clinic
at the Taylorsville Campus 4600 South Redwood Road

Join us **March 30th and April 1st from 6:30-9:00pm** in the **LAC Arena** to practice with the SLCC Cheerleaders before tryouts!

Cost: $5.00

**SLCC CHEER TRYOUT CLINIC**
QUICK FACTS ABOUT SLCC CHEER

Compensation

- SLCC Cheer Squad members are eligible for a half tuition waiver for both fall and spring semesters if they meet the proper criteria. The mascot will be eligible for 3/4 to full tuition waiver depending on responsibilities.
- Outstanding students will also be encouraged to apply for the "Know Greater Heroes" program which is a unique leadership / service opportunity. Selection to this program will provide another half tuition waiver.

Schedule

- Practice is typically held 2-3 times a week and all members are required to attend all practices throughout summer, fall, and spring semester.
- The squad cheers at women's volleyball, as well as men's and women's basketball games.
- Members are required to attend all home games as well as select away games.
- If all requirements are met, the squad will have the opportunity to compete at the Collegiate Cheerleading Nationals (typically held in February/March).

Travel

- The squad typically travels to games at USU-E (Price, UT), Snow College (Ephraim, UT), and CSI (Twin Falls, ID).
- We will also travel to Regional, District, and National Tournaments as determined by season standings.
- We may travel to Anaheim, CA for the USA Collegiate National Cheerleading competition if squad has met proper criteria beforehand.

Expectations

- Squad members must complete a minimum of (9) credit hours and maintain a 2.5 semester and cumulative GPA.
- Each squad member will be required to participate in any fundraisers set forth by the advisor and/or coach(es). The success of the fundraisers will determine whether or not the squad will be able to compete nationally.
- Attendance to all home games and assigned away games will be required.
- All squad members are required to have health insurance in order to participate.
- Squad members are expected to act as an ambassador for the school at all times. Whether in or out of uniform, members must act professional and uphold the values of Salt Lake Community College. Failure to do so may result in dismissal from the squad.

Salt Lake Community College

Cheer Squad / Mascot Tryout Information 2015-2016
Tryouts for the 2015-2016 season will be held **Friday and Saturday, April 3rd & 4th, 2015**

**Tryout Location:**
Salt Lake Community College  
Taylorsville / Redwood Campus  
4600 South Redwood Road,  
Salt Lake City, UT 84123  
Lifetime Activities Center (LAC)  
Arena  
The Lifetime Activities Center is located on the northwest side of campus near the tennis courts and softball diamond

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**Friday, April 3, 2015** (Clinic 4-8pm)
- 4:00 - 4:30 PM  **Check-in**
- 4:30 - 5:00 PM  **Warm-up**
- 5:00 - 6:30 PM  **Learn Material**
- 6:30 - 7:30 PM  **Stunting**
- 7:30 - 8:00 PM  **Open Gym**

**Saturday, April 4, 2015** (Tryouts 10am-4pm)
- 10:00 -11:00 AM  **Warm-up**
- 11:30 AM  **Tryouts Begin**

*Cuts may be made throughout day*

**Tryout Policies:**
- NO videotaping of tryout material will be allowed.
- Tryouts and Clinics are closed to the public.
- Cell phones must be turned off during tryouts and clinics.
- Safety is the number one priority.

Video tryouts must be cleared by SLCC cheer coach beforehand.
- Only those with correct paperwork turned in are allowed to participate.
- $25 Tryout Fee. (Pre tryout clinic money will go toward your tryout fee)
* Have a current 2.5 cumulative and semester/term GPA.
* Be a high school graduate or on track to graduate by the current semesters end.
* If chosen, be willing to commit for the full year (summer, fall, and spring semester).
* Have the online letter of recommendation printed off and filled out preferably by your most recent cheerleading or dance coach. If you have never cheered/danced before, then any athletic coach or supervisor/teacher will do.
* Bring in a copy of your high school or college transcript (does not need to be official although it does need to be current).
* Your release forms filled out and signed. Signed by parents if under 18.
* Completed online tryout application (This MUST be submitted online).
* A current 4x6 photo (that will not be returned).
* $25 tryout fee.

Tryout Suggestions:

1. Please wear formfitting clothing that is modest. It should be clear of cheer or dance team logos as to not influence the judges. (see "Suggested Apparel" below)

2. It is a good idea to bring food and drink with you to tryouts. This day will be stressful and participants won't be allowed to leave during it.

3. Make sure you are putting yourself out there during the clinic as well as the tryout itself. Judges may be in attendance for all or part of the clinic and may be making first cuts if they see fit.

4. Make sure you are always alert to those around you. Safety is the #1 priority and we want everyone to have a safe and enjoyable time.

5. We strongly suggest attending our stunt clinics prior to tryouts. This will help you get an idea of what is expected and give you practice time with other participants as well as time to talk with coaches.

Suggested Apparel:

| Girls: |
Top: Any form fitting black tshirt or tank top that is free of logos & a sports bra.

Bottom: Black shorts and/or compression shorts.

Shoes: Cheerleading shoes are best. If not, any athletic shoes will do.

**No jewelry of any kind will be allowed. This includes (but is not limited to) belly button rings, earrings, necklaces, rings, etc.

Guys:

(These guidelines are the same for both male cheerleaders and mascot tryout participants.)

Top: Any black tshirt or athletic top that is free of logos.

Bottom: Black basketball-type athletic shorts.

Shoes: Any athletic shoes will do.

** No jewelry of any kind will be allowed. This includes (but is not limited to) belly button rings, earrings, necklaces, rings, etc.

Judging Criteria

SLCC Cheerleaders and Bruin Mascot are representatives of Salt Lake Community College. They are expected to always look and act in a professional, clean manner. Squad members are part of the Student Life and Leadership Department and are expected to act as such at all times, in or out of uniform.

**CHEERLEADERS**

Voice Quality: Voice tone, clarity, and projection in cheers

Presence: Enthusiasm, sharpness of motions, crowd appeal, energy, and professionalism
**Dance:** Knowledge of dance, technique, and execution of movements

**Cheer:** Crowd encouragements, sharpness, and motion placement

**Stunting:** Body placement, execution, and versatility

**Tumbling:** Precision, variety, and technique

**Jumps:** Height, execution, and technique

At tryouts, you will be taught a dance as well as two cheers. You will also be asked to perform jumps, stunting, and tumbling. An interview may take place if the judges deem necessary.

**For stunting,** a toss to hands, liberty is required. An optional stunt is also encouraged (heel stretch, arabesque, scorpion, etc.). Points will be awarded based on difficulty as well as execution.

**For tumbling,** a standing back tuck as well as a running round off back handspring tuck is required. Although tucks are STRONGLY encouraged back handsprings are acceptable.

**Questions?** Contact: Tiffany Boulter - SLCC Head Cheer Coach  
(801) 427-2443  tiffboulter@gmail.com

**Judging Criteria**

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**YELL LEADERS**

**Voice Quality:** Voice tone, clarity, and projection in cheers

**Presence:** Enthusiasm, sharpness of motions, crown appeal, energy, and professionalism

**Cheer:** Crowd encouragements, sharpness, and motion placement

**Stunting:** Body placement, execution, and versatility

**Tumbling:** Precision, variety, and technique
Jumps: Height, execution, and technique

At tryouts you will be taught a cheer. You will also be asked to perform jumps, stunts and tumbling. An interview may take place if the judges deem necessary.

** For stunting, a toss to hands, liberty is required. An optional stunt is also encouraged (heel stretch, arabesque, scorpion, etc.). Points will be awarded based on difficulty as well as execution.

** Tumbling is not required for yell leaders although it is strongly encouraged as you will be expected to learn throughout the year if you don’t know how yet. More points will be awarded for doing so.

Questions? Contact: Tiffany Boulter - SLCC Head Cheer Coach

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Judging Criteria

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** BRUIN MASCOT

Tryout participants will be judged on creativity, appeal, versatility, and crowd interaction.

At tryouts you will be asked to prepare and perform a brief skit (1-5 minutes) as well as any special skills you have that would add to the element of the character (i.e. tumbling, stunting, dancing, magic tricks, juggling, etc.).

Please bring any props or music that you will be using.

** Participants are encouraged to tryout for both mascot and yell leader positions. 1-2 people may be chosen to share both tasks while being compensated with a larger scholarship.

Questions? Contact: Tiffany Boulter - SLCC Head Cheer Coach

(801) 427-2443  tiffboulter@gmail.com
Salt Lake Community College
Cheer Squad / Mascot Application 2015-2016

Circle position applying for (you may circle more than one):

- Cheerleader
- Yell-Leader
- Mascot

Name: ________________________________

Address: ________________________________ City: ______ Zip: ____________

Email: ________________________________

Birth date: ______________________________

Cell Phone: ______________________________

Age: ________ Height: _____________

Last semester/term GPA: ________

High School or College Currently Attended:
________________________________________________________________________

Cheer/Dance Experience:
________________________________________________________________________
________________________________________________________________________
Why do you think you would be a good asset to the Salt Lake Community College Cheer Squad

If you were chosen as a non scholarship member/alternate, would you stay on the squad?  Y  N

Shoe Size: _______ Shirt: _______ Shorts/Spankies: _______
Warm Up Jacket: _______ Warm Up Pant: _______

I hereby give my approval for myself or my son/daughter to audition for the Salt Lake Community College Cheer Squad. I understand that Cheerleading involves the risks of falling and injury and I release Salt Lake Community College, the SLCC Cheer Advisor, coaches, clinic instructor and administration from any responsibility related to injury.

Applicant: ________________________________
Date: ____________________

Parent/Guardian (if under 18): ________________________ Date: ____________________

Emergency Contact Phone Numbers: ________________________________

Primary Insurance Company: ____________________________
Policy #: ________________________________

Please attach with this application (and bring with you to tryouts):
• A current photo (that will not be returned)
• An up-to-date high school or college transcript
• Your SEALED letter of recommendation from past coach
  or supervisor
• Your release forms

For Office Use Only:

[ ] Application [ ] Tryout Fee Paid [ ] Photo [ ] Letter of Recommendation

[ ] Transcript [ ] Release Forms

SLCC Cheer Squad Tryouts
Letter of Recommendation

Applicant: __________________________
Email: __________________________
Phone #: __________________________

Please provide the respondent an envelope with your name on the front.

Respondent: __________________________
Phone #: __________________________
What is your relation to the applicant? ______________

This form will remain confidential. Please sign the back of the sealed envelope.
Please return to applicant to bring to the 1st day of tryouts.

Please assess the applicant by checking the boxes contained in the below chart.

How long have you known the applicant? __________

What are their strengths?
______________________________
______________________________
______________________________

What are their weaknesses?
______________________________
______________________________

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In the space below, please share your personal evaluation of this applicant.

(Please continue on back of this sheet if necessary.)

Thank you for your evaluation of this applicant. If you would like to contact me for any reason I can be reached by phone: 801.427.2443 or by email: tiffboulter@gmail.com

SLCC Cheerleader Tryouts
Informed Consent
For Minor Participants
and Their Parent/Guardian

Salt Lake Community College is conducting cheerleader tryouts. This is an Informed Consent for those who wish to tryout and are under the age of 18 years. You must read this, have your parent or guardian read it, and then return a signed copy before you may tryout.

Cheerleading has certain inherent risks and dangers and injury may result from participation in the tryouts. Risks include falls, slips, the chance of being dropped, sprains, breaks and other injuries. You are expected to familiarize yourself with the tryouts, what is required, and the rules of conduct for the tryouts. You are expected to follow the directions of SLCC personnel and follow all safety procedures.

I, ________________________________, acknowledge that I have familiarized myself with the procedures for the tryouts, will follow the rules of conduct, the safety procedures, and will follow any directions given by an authorized SLCC person.
The undersigned, the legal guardian of the above identified participant, in consideration of participant's participation in the SLCC Cheerleader Tryouts do hereby agree to this waiver and release.

I recognize that participation in the Tryouts will involve strenuous physical activity and may cause physical and or emotional distress to participants. There may also be associated health risks. I state that participant is free from any known heart, respiratory or other health problems that could prevent participant from safely participating in any of the activities. If reasonable accommodation is needed I will contact SLCC to discuss further.

I certify that I have medical insurance or otherwise agree to be personally responsible for costs of any emergency or other medical care that participant receives. I agree to release State of Utah, SLCC and their officers, employees, agents, and volunteers from the cost of any medical care that participant receives as a result of participation in the Tryouts.

I further agree to release the State of Utah, SLCC and their officers, employees, agents, and volunteers from any and all liability, claims, demands, breach of warranty, negligence, actions, and causes of actions whatsoever for any loss, claim, damage, injury, illness, attorney's fees or harm of any kind or nature to me arising out of participant's participation in the Tryouts. This release extends to any claim made by parents or guardians or their assigns arising from or in any way connected with the aforementioned activities.

Consent is expressly given, in the event of injury, for any emergency aid, anesthesia and/or operation, if in the opinion of the attending physician, such treatment is necessary.

I have carefully read and understand the contents of the foregoing language and I specifically intend it to cover participant's participation in the Tryouts.

(Signature of participant)
Waiver and Release
SLCC Cheerleader Tryouts

Event/Program: Salt Lake Community College is conducting cheerleader tryouts.

I desire to participate in the tryouts. I understand that cheerleading has certain inherent risks dangers and that injury may result from my participation in this Event. Having full knowledge of the dangers and risks, in consideration of participation in the tryouts, I hereby agree to this waiver and release.

I agree to assume all risks which may be associated with or may result from, my participation in this event/program, including but not limited to injuries that may occur while participating in the tryouts.

I recognize that participation in the event/program may involve moderate to strenuous physical activity and may cause physical and or emotional distress to participants. There may also be associated health risks. I state that I am free from any known heart, respiratory or other health problems that could prevent me from safely participating in any of the activities.

I certify that I have medical insurance or otherwise agree to be personally responsible for costs of any emergency or other medical care that I receive. I agree to release the State of Utah, Salt Lake Community College and their agencies, departments, officers, employees, agents and all sponsors, officials and staff or volunteers from the cost of any medical care that I receive as a result of participation in the event/program.
I further agree to release the State of Utah, Salt Lake Community College and their agencies, departments, officers, employees, agents and all sponsors, officials and staff or volunteers from any and all liability, claims, demands, breach of warranty, negligence, actions, and causes of actions whatsoever for any loss, claim, damage, injury, illness, attorney=s fees or harm of any kind or nature to me arising out of my participation in the event/program even where a claim arises from the negligence of SLCC. This release extends to any claim made by my family, estate, heirs, or assigns arising from or in any way connected with the aforementioned activities.

CONSENT

Consent is expressly given, in the event of injury, for any emergency aid, anesthesia and / or operation, if in the opinion of the attending physician, such treatment is necessary.

I have carefully read and understand the contents of the foregoing language and I specifically intend it to cover my participation in the above stated event/program.

Name_________________________________________ Date_______________

Signature__________________________________________________________

____