



Department of  
Veterans Affairs

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# Fact Sheet

## VETERANS INTEGRATION TO ACADEMIC LEADERSHIP (VITAL)

### WHAT TO EXPECT FROM YOUR VA VITAL SERVICE

Veterans Integration to Academic Leadership (VITAL) is a Veterans Health Administration (VHA) national program under Mental Health Services (MHS). VITAL operates on 23 medical centers, in 16 Veterans Integrated Services Network (VISN) and on 100 colleges and universities across the country. The mission of VITAL is to provide world-class healthcare and improve the overall mental health of Veterans, while supporting their successful integration into college and university campuses through seamless access to VA healthcare services and on-campus clinical counseling. Furthermore, provide efficient care coordination of all available services, and promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training.

### ELIGIBILITY

#### **General eligibility for VITAL services:**

- Meets VHA Veteran status criteria for healthcare services
- Enrolled in the VHA health care system

### CLINICAL SERVICES

#### **Seamless access to VA healthcare services and on-campus clinical counseling:**

- Provide evidence based on-campus mental health counseling by a clinically licensed mental health provider (psychologist, social worker, etc.)
- Facilitate on-campus Veterans enrollment into VA programs
- Develop individualized treatment plans and education goals with Veterans to improve successful academic and social integration
- Collaborate with existing campus mental health providers or counseling centers

### CARE COORDINATION SERVICES

#### **Provide efficient care coordination of all available services:**

- Refer Veterans to VHA, VBA, campus and community services
- Partner with VBA to educate student Veterans on both VHA and VBA benefits available to them
- Assist Veterans to navigate VHA, VBA, campus and community services to support their educational success

### EDUCATION AND TRAINING SERVICES

#### **Promote positive cohesion between Veterans and the entire learning community through campus and community clinical education and training:**

- Create sound partnership with college and university leadership
- Provide educational trainings on military culture, and specific mental health topics such as PTSD, anxiety, etc., to increase awareness about student Veterans needs and strengths

#### **For more information about VITAL services please contact:**

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